



Coenzyme Q10 + Vitamin E
L-Arginine, L-Carnitin, L-Lysine
Omega-3, Zinc, Vitamins & Minerals

Female fertility decreases with age due to a decline in the number and quality of available eggs.

CoQ10 is directly involved in this process. As you age, CoQ10 production slows, making the body less effective at protecting the eggs from oxidative damage.

Supplementing with CoQ10 seems to help and may even reverse this age-related decline in egg quality and quantity.

Male sperm is susceptible to the effects of oxidative damage, which may result in reduced sperm count, poor sperm quality and infertility.

CoQ10 may improve sperm quality, activity and concentration by increasing antioxidant protection

SUPPLEMENT FACTS

Each Tablet contains:

Coenzyme Q10 (USP)	100 mg	Vitamin B2 (USP)	10 mg
L-Lysine (USP)	20 mg	Vitamin B6 (USP)	2 mg
L-Arginine (USP)	20 mg	Vitamin B12 (USP)	9 mcg
L-Carnitine (USP)	50 mg	Vitamin E (USP)	12 mg
Copper as copper sulphate (BP)	1000 mcg	Beta-carotene (USP)	2 mg
Omega 3 (BP)	20 mg	Selenium	200 mcg
Zinc Sulphate (USP)	22 mg	as sodium selenite (BP)	
Vitamin B1 (USP)	10 mg	Ginseng Extract (USP)	25 mg

DOSAGE:

One tablet three times a day for seven days, then one tablet twice a day after meals for at least two months or as directed by the physician

Cautions:

Keep in a cool & dry place.
 Protect from heat, light & Moisture.
 Keep out of the reach of children

Presentation:

Available in 20 tablets pack.

