

G-Fol 400

(L-methylfolate)

Promotes Optimum Methylation to enhance
Mood, Energy, Detoxification, Protection & Cellular Health

It is needed to form healthy cells, especially red blood cells. L-methylfoalte is used to treat or prevent low folate levels. Low folate levels can lead to certain types of anemia. Methylfolate can help fight against depression. The MTHFR gene and L-methylfolate also play many other roles in our body. These include repairing DNA, aiding and supporting immune function, the body's detoxification system, energy production, and more.

DOSAGE:

Adults: 1 tablet daily with meal.

Pregnancy & Lactation: 1 to 2 tablets daily with meal, or as advised by the physician.

PRESENTATION:

Available in 30 tablets pack.

