

Fecund

Multivitamin & Minerals *Plus* Inositol, L-Arginine Biotin & Iodine

SUPPLEMENT FACTS			
Each Capsule contains:			
L-Arginine (USP)	100 mg	Vitamin B6 (USP)	10mg
Inositol (USP)	50 mg	Folic Acid (USP)	400mcg
Mixed Carotenoids (JECFA)	3 mg	Vitamin B12 (USP)	20mcg
Vitamin D3 (USP)	600 IU	Biotin (USP)	150mcg
Vitamin E (USP)	30 mg	Vitamin B5 (USP)	6mg
Vitamin C (USP)	90 mg	Magnesium Sulphate (USP)	60mg
Vitamin B1 (USP)	8 mg	Iron as Ferrous Sulphate (USP).....	14mg
Vitamin B2 (USP)	5 mg	Zinc Sulphate (USP)	15mg
Vitamin B3 (USP)	20 mg	Iodine as Potassium Iodide (USP).....	140mcg

Fecund is a multivitamin and minerals supplement expertly formulated to increase maternal folate status and nutritionally support pregnancy and those women who are trying for a baby.

Fecund contains a spectrum of micronutrients for all-round nutritional support including vitamins B6, B12 and iron which contribute to normal energy release. folic acid, pantothenic acid and vitamin B12 also contributes to the reduction of tiredness and fatigue.

Fecund contains vitamin B6 which contributes to the regulation of hormonal activity, plus iron which contributes to the normal formation of red blood cells and haemoglobin, an important consideration during the monthly cycle. Also includes 400mcg folic acid which contributes to maternal tissue growth during pregnancy which is important in pregnancy and for women who are trying to get pregnant.

Fecund includes selenium and zinc which contribute to the normal function of the immune system. Vitamin B6 and B12 also contribute to the normal functioning of the nervous system.

Fecund contains Vitamin C which contributes to normal collagen formation for the normal function of skin. Collagen is the substance that gives skin its elasticity. Plus biotin, niacin (vitamin B3), zinc and riboflavin (vitamin B2) all contribute to the maintenance of normal skin.

Fecund provides Zinc which also contributes to the maintenance of normal nails and biotin contributes to the maintenance of normal hair.

Contributes to normal:

- ✓ Maternal tissue growth
- ✓ Fertility, reproduction & DNA synthesis
- ✓ Regulation of hormonal activity
- ✓ Promotes cell division
- ✓ Hair, skin and nails
- ✓ Pregnancy and lactation

DOSAGE:

Take one capsule per day with meal. Swallow with a glass of water, or as advised by the physician.

PRESENTATION:

Available in 30 capsules pack.

